Recommended Resources:

ASGCLA's [Guidelines for Library Services for People with Mental Illnesses](#), also available as a [PDF](#).

Handouts and other resources for the course Caring for the Mind can be downloaded (and reused) from the [course](#) website.

Recommended **webinars** that cover questions asked during today's webinar:

[Serving Library Users with Mental Illness: a crash course in controlling clashes](#) presented by Mandy Easter, State Library of Iowa, hosted by the Network of the National Library of Medicine, Pacific Northwest Region

[Addressing the Stigma: Mental Health and Wellness Resources for Asian/Pacific American Communities](#), hosted by the Asian/Pacific American Librarians Association (APALA) and the Network of the National Library of Medicine

[BLOSSOM: Building Life-long Opportunities for Strength, Self-Care, Outlook, Morale, and Mindfulness](#) was a virtual symposium for library staff focused on their health and wellness. Hosted by the Network of the National Library of Medicine, Greater Midwest Region